



Coping With Cancer Series

Our *Coping with Cancer Series* is four workshops dedicated to empowering patients, caregivers and loved ones to gain knowledge related to their own personal experiences with cancer. Each workshop is led by a healthcare professional who specializes in the topic being presented. Come and connect with others who are experiencing similar issues related to cancer, and talk to healthcare professionals in a comfortable, relaxed setting.

All workshops take place from 6 to 7:30 p.m. at the Radiation Oncology Conference Room at Capital Health Medical Center – Hopewell (One Capital Way, Pennington, NJ 08534). Light refreshments will be served.

Thursday, September 29, 2016 — Coping With Nutrition Issues and Cancer

Learn about healthy food choices and dealing with common nutrition issues related to cancer treatments.

Thursday, October 27, 2016 — Coping With the Cost of Cancer Care

A practical guide to navigating the complex challenges of managing expenses associated with cancer care.

Thursday, November 17, 2016 — Coping With Treatment Side Effects, Part I

Learn how to manage cancer treatment-related side effects.

Thursday, December 15, 2016 — Coping with Treatment Side Effect, Part II and Coping with the Holidays

Continue to discuss ways to manage cancer treatment-related side effects and talk about how to cope with the challenges of the holiday season.

Cost is free but you must RSVP by calling 609.303.4503
or e-mail mcreevey@capitalhealth.org.

In collaboration with:



capitalhealth